

Helping women and girls re-build their lives

STARS (Striving Toward Achievement, Renewal and Success) is a program that takes a unique approach to helping women and girls re-build their lives after becoming involved in the criminal justice system. Studies show that very often, women who break the law have been victims of abuse, violence, and crime themselves. While STARS' participants are held accountable for their actions, the key to helping them develop constructive lives is in STARS supportive, positive atmosphere, which includes therapeutic interventions, job training, education, and a great deal of motivation.



This person is a model and is used for illustrative purposes only.

STARS staff is committed to setting a welcoming tone from the moment a new participant walks through the door. The program has helped hundreds of women build better lives for themselves and their children. STARS is funded through a grant from the Connecticut Court Support Services Division.

Career Resources is a well-established non-profit workforce development organization that has achieved both statewide and national recognition for excellence. Career Resources' mission is to provide youth and adults in Southwestern Connecticut with the skills, resources, and support necessary for personal development, economic self-sufficiency, and career advancement, and to provide planning and staffing resources to the business community in support of workforce development and economic growth.

