



PRESS RELEASE

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Career Resources Offers Flu Shots to Unemployed

SOUHWESTERN CONNECTICUT ó Free seasonal flu shot vouchers are available for unemployed people aged 18 or older through the CTWorks One Stop Career Center offices in Bridgeport, Stamford and Derby.

The vouchers and flu shots are being paid for by CVS pharmacies, and will be distributed while supplies last at One Stop Career Centers at 350 Fairfield Avenue in Bridgeport, 33 Elizabeth St. in Derby, and 1642 Bedford St., 1st floor, in Stamford.

“This is truly a wonderful thing that CVS is doing for our region’s unemployed,” said Scott K. Wilderman, President/CEO of Career Resources, which operates the One Stop Career Center and is coordinating the effort in southwestern Connecticut. “It is hard enough worrying about finding a job, people shouldn’t have to worry about their health.”

No proof of unemployment is required, but people should bring identification. One Stop staff will verify unemployment using agency records. The vouchers can be redeemed at any MinuteClinic Health Center locations inside select CVS/pharmacy stores, and at scheduled flu shot clinic events held in select CVS/pharmacy stores. People will also be asked to show ID at the pharmacy.

The program includes free seasonal flu shots, recommended by the CDC as the best way to protect against seasonal flu. The shots do not protect against the H1N1 virus.

Flu vaccinations are the first line of defense against the flu. The Centers for Disease Control recommends a yearly flu vaccination, especially for:

- o People ages 50 and older
- o Those with chronic disease such as diabetes, asthma and heart disease
- o Women who are pregnant
- o Health care providers

As the operator of the One Stop Center in Bridgeport, Career Resources serves 35,000 job seekers annually with job search assistance, computer labs and internet access, job posting, career coaching, training, and other services. Other Career Resources programs include STRIVE attitudinal job readiness training, Adult Basic Education and GED Preparation, Fathers for Life, and specialized job placement for mature workers and those with disabilities. For more information, call 203 634 6601 or visit us at 350 Fairfield Ave. in Bridgeport or at www.careerresources.org.

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